

Women's Metropolitan Golf Association



TEE TALK

August 2014

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Susan Keating, Editor

Hana Ku wins WMGA/MGA Met Amateur Championship and the Public Links Championship

Hana Ku, of Neshanic Valley, has had a successful summer winning both the WMGA/MGA Met Am Championship and WMGA/MGA Women's Public Links Championship. Hana, a rising sophomore at Princeton University, was Second-Team All-Ivy League as a freshman. Baltusrol Golf Club has treated Hana well this year. In addition to winning the Met Am Championship on the Lower Course she placed T7th at the Ivy League Championship on the Upper Course.



WMGA/MGA Met Amateur Champion



WMGA/MGA Public Links Champion

Sis Choate Tournament

The 25th Sis Choate Tournament was held on August 12, 2014 at the Sands Point Golf Club in Port Washington. The field was strong and the wind stronger that day, and a 1 over par won the gross prize. This modified partner's Pinehurst is always a fun event to play in. Golfers from all over the Met area crossed 1-2 bridges to participate and Sands Point did not disappoint. The course was in great condition and the redesign a few years ago, pleased all who played. Congratulations to Gale Brudner and Liliana Ruiz-Munoz who shot a 73 to win Low Gross. Congratulations also goes out to Annette Broderick and Mary Jane Bartholomew, the Low Net winners, with a great score of 64.



Low Gross Winners Gale Brudner and Liliana Ruiz-Munoz

Winning Smiles for Junior Girls at White Beeches

The 55th Annual Maureen Orcutt Trophy Tournament was held Friday, July 11th and was graciously hosted at White Beeches Golf & Country Club in Haworth, NJ. This stroke play event provided a spirited competitive opportunity for Junior Girls in the met area, and has once again become a "training ground" for nine-hole players to compete.

Our Maureen Orcutt Championship title went to Kelly Sim from Paramount. She outshined her fellow competitors with a brilliant one under par 73. Well done Kelly!

The nine-hole competition provided the lowest scores in recent memory. Yoona Kim was the winner, shooting a 42 on the par 37 back nine. Trailing behind by just one stroke was Alice Hodge, scoring a 43, a fantastic finish for second place.

Congratulations to our winning competitors and keep up those cheerful grins and wonderful swings!



Maureen Orcutt Trophy Tournament Winner Kelly Sim

18 Hole Championship:

Low Gross:

Kelly Sim (73)

T 2nd Gross:

Jess Wild (77)

Alessandra Ricigliano (77)

Low Net:

Caroline Hodge (68)

2nd Low Net:

Alexis Steffen (69)

9 Hole Championship:

Low Gross:

Yoona Kim (42)



Nine hole junior players (L to R): Jane Platt, Sydney Nethercott, Yoona Kim, Alice Hodge

Laura Algiero Wins Her Second Consecutive Seniors' "A" Tournament

The Seniors' "A" and Seniors' "B" Championships were held at Southward Ho Country Club in Bay Shore, Long Island on June 23rd and 24th. In the 64th Seniors' "A" division, Laura Algiero of Whipoorwill Country Club, Armonk, New York, defended her 2013 title with an impressive score of 77-76, 153. Sara Tasnady, North Hempstead Country Club, located in Port Washington, New York, won low net with a combined net score of 144.

In the 48th Seniors' "B" one-day Championship, Phillis MacDonald, playing out of Lake Isle Country Club in Eastchester, New York won low gross with a score of 86. Ellen Cuty, playing on her home course, Southward Ho captured the Low Net Prize with a net score of 70.

Congratulations to all of our Champions who competed in this large field of competitors. Thank you to Southward Ho for hosting a very successful tournament. Everyone enjoyed playing on this beautiful course. Thank you to all who participated in making this tournament such a huge success.

Rosemary Hendricks



Laura Algiero, Seniors' "A" Champion



Sara Tasnady, Seniors' "A" Low Net Winner



Phillis MacDonald, Seniors' "B" Champion



Ellen Cuty, Seniors' "B" Low Net Winner

Stroke Play Championship

Two days of beautiful weather were fitting for the Stroke Play Championship! Sunningdale Country Club was a gracious host and eager to support women's golf. After day one, Dani Mullin (Southward Ho) had a one stroke lead over Liliana Ruiz-Munoz (Trump - WC). Her strategy heading into the second day was to only focus on herself. "Some days I play great and still don't lead the field, and others I play in a way I'm not pleased with and still come in the front of the pack. I tried to not think about everyone else and just play the game I know how to. I prefer stroke play for this reason." That strategy allowed Dani to capture the Championship with a two day aggregate score of 143, shooting a 73 on day two. Liliana Ruiz-Munoz shot an aggregate score of 146, with a 75 on day two to secure second Low Gross. Patricia Feldman (Village Club) won Low Net with a combined score of 133. Augusta Mayer (The Creek), WMGA Foundation Scholarship Recipient, was second Low Net with a score of 138.

Comradery is present throughout the WMGA. Commenting on her win, Dani spoke of how cordial and welcoming her playing fellow competitors were. "It's always fun to play with women who support other women unselfishly." Dani recalled. The Stroke Play Championship allowed players to form new friendships and reinforce longstanding ones. Pleasant matches and friendly competition filled the two days of competition.



Dani Mullin, Champion



Patricia Feldman, Low Net Winner

Sister-Sister Championship



Gerry Spink & Patty Allen, Champions

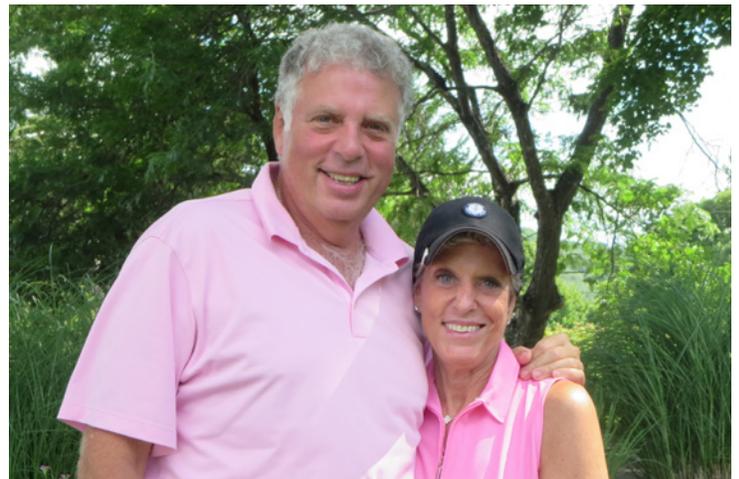


Colleen & Patricia Codey, Low Net Winners

Sister-Brother Championship



Michelle Stelben Murphy & Bob Stelben, Champions



Marc Wein & Linda Greene, Low Net Winners

Better Ball "B" Championship

The 50th Anniversary of the Better Ball "B" Championship was played at one of the oldest private clubs in the United States, Ardsley Country Club. Founded in 1895, Ardsley Country Club's initial membership included Jay Gould, Cornelius Vanderbilt, J. Pierpont Morgan, and William Rockefeller. Designed by Willie Dunn, it was the most expensive golf course ever built, at that time, with a budget of \$1 million. The endeavor proved to be a wonderful investment. Our members were in awe of the beautiful views of the Hudson River from the clubhouse.

Linda Jenkins and Lee Slattery had home field advantage! Their knowledge of the rolling hills, cavernous bunkers, and strategically placed water hazards gave them a competitive advantage. Linda and Lee captured the Championship with an 84.



Better Ball "B" Champions - Lee Slattery & Linda Jenkins

Dr. Yashar Helps You Keep Your Eye on the Ball

Are there common eye problems that golfers experience?

Common eye problems that golfers experience include uncorrected refractive errors. If golfers vision is not fully corrected, then they will not be able to properly evaluate the terrain, get a good read on the green or the slope of the hole, track their ball easily down the fairway (long and straight, of course!). Proper corrective lenses with either glasses, contact lenses or LASIK are critical. In addition, proper sunglasses are critical, not only to reduce squinting, which leads to premature wrinkles, and worse, possibly skin cancers, but sunglasses also slow the development of age related cataracts. Plus, they look really cool. Optician bought sunglasses is best, and polarized sunglasses will reduce the glare, which can occur in the direct sunlight or off a pond (when you're looking for your ball.)

Never look directly into the sunlight or you can develop a solar keratopathy (desiccation of your cornea), or solar retinopathy, which is sun-related damage to the retina with prolonged sun viewing.

Why did you become an ophthalmologist?

My Dad's influence was critical to me. Just like I'd follow my dad around on the golf course, I'd make rounds with my father in the hospital, accompany him to surgery, and observe him in the office. I just knew that a career in medicine was for me. I loved the interaction with people, the problem solving aspect, and the fixing aspect.

A career in ophthalmology really accomplishes everything that I like: taking care of all ages, routine office examinations, and problem focused evaluations, and coming up with surgical solutions to those problems requiring surgery.

I love the concrete aspect of ophthalmology: See a problem (literally and figuratively) and fix it. And it's not just the surgical aspect that attracted me, but also the pre-operative and post-operative care. The continuity of care was important to me, that my surgical patients would not simply be passed back to their medical ophthalmologist for their follow up care. The problems that I see when I am on call at Valley Hospital in Ridgewood New Jersey and Hackensack University Medical Center always keep me on my toes, and are often far from routine.

Where did you attend school, and what is your medical education?

I've been in school my whole life: from boarding school at Phillips Academy, Majoring at Brown University in American History while being pre-med and spending a semester studying in Paris (how could you go wrong with that?), to 4 years of Medical School at New York University School of Medicine, followed by my Ophthalmology Surgical Training and Fellowship at Columbia Presbyterian Hospital. But it's not just the residency and fellowship training that counts; it's also the ongoing continuing medical education that is so important to my continued development as an ophthalmologist. I regularly attend over 100 additional hours of meetings, courses and training each year. This is what keeps me on the cutting edge

of ophthalmic care.

Just like I continue to take an abundance of CME courses, I continue to try to find the time to work on my golf game. Most recently, I attended a fabulous golf camp with my family last summer in New England. I'm even trying to introduce my children, ages 7, 8 & 9 to golf. I've found that kids become more interested in what their parents are doing. It's all about modeling good behavior.

Please explain LASIK, the different types performed, and the results?

LASIK is one of the surgical procedures for laser vision correction, which is used to reshape the cornea to eliminate the need for glasses. It can be performed for myopia (nearsightedness), hyperopia (farsightedness) and astigmatism (irregular corneal contour). As of yet, there is no good surgical correction for the 40 + year old need for reading glasses. One of the secrets is having a stable refractive error or prescription, being at least 18+ years of age, without any other ocular conditions which would preclude surgery. The flap can be created in a variety of ways, ranging from a surgical blade or a laser-assisted flap, which allows for precise creation of a flap. The corneal flap then gets peeled back, giving the surgeon exposure of the corneal bed, which will then be reshaped with an Excimer laser. An enhancement on the original surgical technique involves using customized corneal measurements, which are then programmed into the laser machine for more precision with the laser treatment. The flap is then returned to its original position, and with a few finishing touches, the patient walks out the door without their original glasses.

One of the best parts of my day is seeing my LASIK patients on day 1 postoperatively. It is really a life changing experience. Most of the vision comes back within 24 hours, but the vision continues to improve over the next few weeks. It is so gratifying to be able to restore someone's vision, often better than it was before with the customized treatments. It is incredible to take someone who has worn glasses their "whole life," and then allow them to see well without any correction. But one of the secrets is knowing who is a good candidate for it, and who to turn away, or wait for their eye to stabilize.

I perform the procedure at a laser facility, with certified technicians who really know what they're doing. I have a great relationship with my surgical techs, and we have a great time working together in the Operating Room.



7th Annual WMGA Foundation Golf Classic



- DATE:** Monday, October 6, 2014
- SITE:** The Creek, Horse Hollow Road, Locust Valley, NY 11560
- TIME:** 10:30 AM – 11:45 AM Brunch
12:00 PM – Shotgun Start
5:00 PM – 7:00 PM Cocktails, Hors D'oeuvre and Prizes
- FORMAT:** Best-Ball-of-Four Tournament
Open to women and men with a USGA Handicap Index
- GOLFER FEES:** Individual \$550, Foursome \$2200
Brunch, Carts, Heavy Hors D'oeuvre & Open Bar Included
- NOTE:** The field is limited - 112 players,
Entry deadline - September 23
- CONTACT:** Sarah Relyea
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